

HARMONY PLACE MONTEREY

eating disorders, chemical dependency
and addiction relapse

transitional living center

A New Concept in IOP – Intensive Outpatient
and PHP – Partial Hospitalization

What Industry Professionals Need to Know About Harmony Place Monterey

Harmony Place Monterey features Co-Directors Dr. Mark Schwartz and Lori Galperin, MSW, LCSW, formerly of Masters & Johnsons, and offers Intensive Outpatient Treatment (IOP) for four hours a day, five days a week, or Partial Hospitalization (PHP) for six hours a day, five days a week.

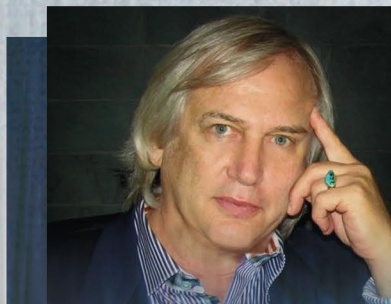
- 1 Our program is unique and is designed for when outpatient or residential is not enough.
- 2 Our clients are given three Individual Therapy Sessions each week to do the deeper work on the factors causing and maintaining chronic relapse.
- 3 Our clients stay in a beautiful house with other clients to provide extra support across the off-hours, with coaching provided for high-risk situations.
- 4 We work with chronic relapse, which is often the case for those suffering multiple addictions; we specialize in eating disorders, sexual difficulties, chemical dependency and co-dependency.
- 5 We specialize in the treatment of Disorders of Intimacy and Attachment. We have lectured to over 10,000 professionals across the USA on our unique treatment for improving relational intimacy.
- 6 We combine 12-step, cognitive-behavioral, mindfulness and acceptance therapies with deeper affect-based therapies.
- 7 Our programs provide for the adequate integration of getting back to the stresses of the "real-world," following the achievement of some control over symptoms iduring outpatient or residential treatment.

Harmony Place in Monterey (HPM), founded by Dr. Mark Schwartz and Lori Galperin LCSW, is a one-of-a-kind outpatient alternative to residential care and is specifically designed as an intensive, four hours per day Outpatient Program or as a six hours per day Partial Hospitalization Program. **Treating a limited number of clients at a time, HPM provides intensive psychotherapy to get to the factors that both cause and maintain addictive behavior.**

Harmony Place Monterey offers beautiful, serene housing in addition to extraordinary, life-changing programming. Our treatment approaches address and relieve addictive behaviors, including intimacy problems often associated with eating disorders, chemical dependency, co-dependency, sexual and relational difficulties, and chronic relapse. Our therapies dig to the bottom of onerous issues that can continue to sabotage recovery and long-term success. We specialize in moving our clients securely out of addiction and beyond the fear of slipping back.

INSURANCE

Harmony Place works with most insurance companies and is in network with Anthem Blue Cross. Call to discuss your insurance benefits and potential coverage. We are here to assist you.



HARMONY PLACE MONTEREY

DR. MARK SCHWARTZ | LORI GALPERIN LCSW