

Mark F. Schwartz, Sc.D.
Licensed Marriage and
Family Therapist
Clinical Director

With more than 30 years of experience and a degree in psychology from John Hopkins University, Dr. Schwartz specializes in working with couples, marriage and intimacy

disorders, family difficulties, eating disorders, trauma, PTSD, addiction, and sexual difficulties, including sexual dysfunction and sexual addiction. His national recognition afforded him the experience of lecturing to over 50,000 therapists nationally, as well as having edited three books. He also specializes in working with childhood trauma. He is extremely compassionate and forms exceptional connections with his clients.

Lori D. Galperin, LCSW
Licensed Clinical Social Worker
Senior Therapist

Lori Galperin has been a therapist, program founder, clinical director, teacher and writer for more than 30 years. She is highly skilled in multiple types of therapeutic treatment. Her current areas

of specialization focus on working with individuals and couples around issues of intimacy, relational and attachment problems, sexual dysfunction, trauma, compulsivity, and eating disorder recovery, i.e. anorexia, bulimia, and binge-eating.

Dr. Schwartz is an inspired pioneer in his field — intellectually brilliant, emotionally authentic, and ethically impeccable. I've never met a more dedicated advocate for the health and healing of one's clients. With wide-ranging expertise that includes relationships, addictions, trauma, and eating disorders, patients can count on world-class therapy. If I were asked for a referral, there isn't anybody I would trust more.

— Joher C.

My experience at Harmony Place Monterey was absolutely positive and I am a stronger, more emotionally aware and healthier person because of my time there. I saw Mark and Lori in individual sessions and am incredibly grateful for their genuine care, and I respect their abilities as therapists. They are terrific! I have been to several treatment programs for my eating disorder and this is the first time I have truly felt optimistic about my recovery in the long term.

— Eric L.

VOTED BEST OF 2017 AND 2018



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574 Cortes Street
Monterey, CA 93940

An Alternative Approach to Psychiatric Care and Addiction

**Our Unique Approach
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Harmony Place Monterey works
with most insurance companies and
is in network with Anthem Blue Cross.
www.harmonyplacemonterey.com

THE HARMONY PLACE APPROACH

Harmony Place Monterey is a specialized program on the beautiful Monterey Peninsula. We offer multiple programs, including a Partial Hospitalization Program, 6-hours/day, and Intensive Outpatient Treatment, 4-hours/day. An independent transitional-living option is available.

Our team of specially trained staff is led by Clinical Director Dr. Mark Schwartz and Senior Therapist Lori Galperin, LCSW.

The exceptional leadership team has over 30 years of ethical experience helping individuals and couples heal from complex mental health, eating disorders, and addiction issues.



POST-TRAUMATIC STRESS DISORDER

PTSD can occur in response to experiences that overwhelm an individual's coping resources. Harmony Place Monterey uses evidence-based treatments, including Cognitive Processing and EMDR, to facilitate our client's healing from various forms of trauma.

EATING DISORDERS

Our experienced team of eating disorder therapists works both individually and in group therapy to help our clients unmask key issues underlying eating disorder symptoms. We assess our clients and teach them new and effective life skills.

BIPOLAR DISORDER

Bipolar Disorder can lead to problematic shifts in energy levels and mood that interferes with one's capacity to perform day-to-day functions. Harmony Place Monterey offers therapeutic support and psychiatric medication management to support our client's long-term well-being.

DRUG and ALCOHOL ADDICTION

HPM addresses drug and alcohol addiction from a variety of directions, using focused psychotherapy modalities to uncover underlying issues that led to the addiction and can prevent a successful recovery.

CHRONIC RELAPSE

Harmony Place Monterey has developed a comprehensive, and highly effective therapeutic model that approaches long-term addiction recovery. Harmony Place Monterey specializes in working with those who suffer from chronic relapse.

COUPLES THERAPY

At Harmony Place Monterey, we offer a variety of treatment options to help individuals and couples address issues so they may form healthier intimate relationships.

SEXUAL DISORDERS

Treatment begins with a thorough assessment. Sexually addictive behaviors can be widely divergent, so understanding each individual's proclivity and its background are vital. Dr. Schwartz has written numerous papers and edited a text called *"Treatment of Sexual Compulsivity."*

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