

HARMONY PLACE MONTEREY | MARK F. SCHWARTZ, D.SC.

RECOMMENDED READING, RECOMMENDED WORK

P. Bromberg, "Stranded in the Spaces"

R.A. Chefetz, "Intensive Psychotherapy for Persistent Dissociative Processes: The Fear of Feeling Real"

K. Steele, S. Boon, and O. Vanderhart, "Treating Trauma-related Dissociation"

SA. Seubert and P. Vordo, "Trauma-informed Approaches to Eating Disorders"

Pat Ogden, "Trauma and the Body: A Sensorimotor Approach to Psychotherapy"

Richard C. Schwartz, "Internal Family Systems Therapy"

Diane Fosha, "The Transforming Power Of Affect: A Model For Accelerated Change"

Mary Main, "Attachment Interview" | <https://attachmentdisorderhealing.com/adult-attachment-interview-aa-mary-main/>

Heinz Kohut, "The Restoration of the Self"

D.W. Winnicott, "Babies and Their Mothers"

James Masterson, "Search for the Real Self"

Helen Watkins and John Watkins, "Ego States: Theory and Therapy"

Dan Siegel, "The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind"

Janina Fisher, "Healing the Fragmented Selves of Trauma Survivors"

Diana Fosha, "Affect Accelerated Therapy"

Stanley Greenspan, "Structure-based Psychotherapy"

Bateman, "Metacognitive Therapy for Borderline Patients"

Robert Karen, "Becoming Attached"

David J. Wallin, "Attachment Psychotherapy"

Rebecca Eanes, "Positive Parenting"

Jenni Schaefer, "Life Without ED"

